

Tokyo Gakugei University International Student Education Program (TGU ISEP)
2023 Spring Semester Courses

2023/04/11

	Mon / 月曜日	Tue / 火曜日	Wed / 水曜日	Thu / 木曜日	Fri / 金曜日
I 8.40- 10.20					
II 10.30- 12.10					
III 13.00- 14.40	Japanese Martial Arts: Judo (KUBOTA Hiroshi) 【Judo Hall*】		Global Japan Studies A (ARISAWA Shino) 【N312】	Traditional Performing Arts of Japan: <i>koto</i> practice (ARISAWA Shino) 【Music Lecture Room No.2*】	Psychology of the Japanese (SUGIMORI Shinkichi/David Wong) 【C103】
IV 14.50- 16.30	Contemporary Society in Japan (Omnibus - Social Studies Division)/ 【N103】	Education in Japan A: Educational System and School Reform (SUEMATSU Hiroki) 【N405】		Cultural Diversity of Japan A: <i>Matsuri</i> (ARISAWA Shino) 【N313】	Introduction to Psychology: From Biological Perspective (IKEDA Kazunari) 【N104】
V 16.40- 18.20	Cross-cultural Practice of Expressive Arts (HANAKE Ayako) 【N104】	Moral Education and Citizenship: Cultural Studies A (Sam Bamkin) 【N107】			

Intensive Course

1	Aquatic Sports: Swimming (MORIYAMA Shinichiro) 【Swimming pool*】
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<Notes for venue>

* Judo Hall (柔道場): No.309 on campus map

* Exhibition room 3 (展示室 3): 2nd floor of the Arts Hall (芸術館), No.102 building on campus map

* Music Lecture Room 2 (音楽講義室 2): 3rd floor of the Research Center for Education in the Next Generation (次世代教育研究センター)、W2 building on campus map

* Swimming pool (プール): No.311 on campus map

Campus Map: https://www.u-gakugei.ac.jp/webimg/CampusMAP_20220901

NB - Anyone whose English proficiency is good enough can take ISEP courses. Please read the syllabus of each course carefully and take any courses of your interest. However, Global Japan Studies is only available for the students enrolled specifically in the International Student Education Program (ISEP), and other students are not permitted to attend this course.

ISEP 科目は英語能力があれば誰でも受講することができます。シラバスをよく読んで関心のある授業を履修してください。ただし、Global Japan Studies は ISEP プログラム生のみ受講可能です。

List of Courses

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Course descriptions

Listed below are brief outlines of the ISEP courses available this semester. Please note that the following academic program information is subject to change depending on circumstances. Please note that students are required to pay their own expenses, such as travel fees and costs for necessary materials in case the course includes field trips and hands-on workshops. Ask each Instructor about an estimated amount.

Course title	Global Japan Studies A
Instructor	ARISAWA Shino
Aim and learning goals	Acquire practical ability of conducting research, and develop critical skills in thinking, planning, investigating, discussing, and presenting ideas in oral and written format.
Description	This course is COMPULSORY and ONLY AVAILABLE for the students enrolled in the ISEP . Students pursue individual study projects under the guidance of academic advisors and bring their works in progress to class for discussions to help each other with developing ideas. Individual study topics can be chosen from students' own interests, including social and cultural issues, arts, literature, politics, and education. Throughout the course, students will learn basic knowledge and skills for conducting research, including writing literature review, setting up methodology, making analyses, and arguing in critical and logical ways. Some workshops by guest teachers and fieldwork trips around Tokyo will also be held to broaden students' perspectives on Japanese society and culture.
Textbooks	No specific textbook is required.
Relevant readings	Students will find their own relevant reading materials.
Assessment and grading	Weekly assignments, including preparations for class, presentations, and reports: 100%
Schedule	Tentative 1. Introduction 2. Survey plan 3. Survey plan 4. Survey result and analysis 5. Survey result and analysis 6. Survey result and analysis 7. Workshop or fieldwork 8. Workshop or fieldwork 9. Workshop or fieldwork 10. Writing up 11. Writing up 12. Group activity 13. Group activity 14. Summary
Additional self-study	Work on your own individual study
Keywords	Japanese culture and society, independent research, fieldwork
Notes	
Message for students	Discover Japan from your original perspectives.

Course title	Education in Japan A: Educational System and School Reform
Instructor	SUEMATSU Hiroki
Aim and learning goals	We will focus on understanding educational system and school reform in Japan especially focusing on modern educational policies, educational reform and education management environment.
Description	<p>To understand Japanese education system and school reform, we first understand the trends of modern society changes and accompanying educational policy. On that basis, we will deepen our understanding on Japanese education from administrative, institutional and managerial perspectives and consider contemporary issues concerning educational collaboration in schools, parents, and communities in the globalisation era.</p> <p>Specifically, we will examine changes in the educational system and issues, such as privatisation of schools, marketisation of education, issues of professional development in the mass retirement / mass recruitment of school staff, and international trends in the school management environment, and so on.</p>
Textbooks	Will be distributed accordingly.
Relevant readings	Will be informed accordingly.
Assessment and grading	Participation level to the class activities (40%) Report (60%)
Schedule	<ol style="list-style-type: none"> 1 On how to proceed the class 2 Educational Reform and Education System in Japan 3 School Reform and Regulatory Reform 4 School System and School Administration & Management 5 From Management to Leadership in School 6 Distinctive School Reforms 7 On National Curriculum 8 Lesson Studies 9 Bullying Problems and Educational Policy 10 Professional Development for Teachers 11 Professional Development for School Leaders 12 Community Involvement to Schools 13 Parents and Local Communities for School Management 14 Leadership and Communication in Schools <p>Review of the class</p>
Additional self-study	Analysis of Japanese policy documents and educational practice
Keywords	Educational System, School Reform, School Leadership, Professionalisation of Teachers
Notes	In the class, we will ask for active discussion and participation in presentation.
Message for students	From various perspectives, we would like to consider the educational problems and educational reforms in each country in addition to Japan and discuss them.

Course title	Psychology of the Japanese
Instructor	SUGIMORI Shinkichi/ David Wong
Aim and learning goals	Through this course, students are expected to deepen their understanding not only of the Japanese culture, but also of their own cultural way of thinking, reasoning, and behavior.
Description	In this class, we will discuss about the foreign students' questions on Japanese customs and behavior. Through the students' presentations, discussion, and lectures, the students will be able to deepen the understanding of the Japanese cultural social psychology.
Textbooks	
Relevant readings	I will assign appropriate learning materials in the class.
Assessment and grading	Attendance (30points: First absence: -5points, other absences: -10points) Discussion (20points: contribution to the class discussion) Presentation(30 points) Final report (20points)
Schedule	1 .Orientation Self-introduction and explanation of students' presentation 2. - 3. Lectures on the Japanese way of thinking and behaviour. The theme addresses such topics as "why Japanese people are hesitant to talk with foreigners?" (e.g., the communication patterns of the Japanese), "how Japanese people express aggressiveness?", "bullying in Japanese schools", etc., according to the students' curiosity. 4. – 14. Students' presentation, discussion, and commentary lectures. 15. Final remarks and discussion.
Additional self-study	Students are encouraged to review appropriate academic books and articles concerning their own research questions.
Keywords	cultural social psychology, Japanese customs, mindset, cross cultural understanding
Notes	
Message for students	Through inquiring of cultural comparison, I hope you will also deepen your understanding of your own culture.

Course title	Introduction to Psychology: From Biological Perspective
Instructor	IKEDA Kazunari
Aim and learning goals	In this course, students are encouraged to learn about the mind, behavior, and brain, and organize psychological ideas through presenting their own thoughts in oral and written formats.
Description	In psychology, causal relations regulating mind and behavior are scientifically sought. If persons feel goodwill toward somebody as a psychological and physiological entity, for instance, their explicit and implicit reactions can be analyzed with various measures, e.g., questionnaires, eye movements, and brain waves. This course would introduce participants to basic and applied knowledge in psychology.
Textbooks	No textbook is used in this lesson whereas the following books might be referenced.
Relevant readings	Nolen-Hoeksema, S., et al. (2014). <i>Atkinson & Hilgard's Introduction to Psychology</i> , 16th ed. Cengage Learning EMEA. Breedlove, S. M. & Watson, N. V. (2013). <i>Biological Psychology</i> , 7th ed. Sinauer Associates. Cacioppo, J. T., Tassinary, L. G., & Berntson, G. G. (2017). <i>Handbook of Psychophysiology</i> , 4th ed. Cambridge University Press.
Assessment	60%: Weekly comment (150 words or beyond × 11 weeks) (Based on learned contents and related resources, participants are asked to write an essay with 150 words or beyond after the class.) 40%: Presentation (3 weeks) (Participants are asked to make presentations on preferred topics by using PowerPoint.)
Schedule	1. Orientation 2. Basic concepts in psychology 3. Mind and body 4. Topics in mental health 5. Presentations on topics chosen from class 2-4 6. Topics in visual perception 7. Topics in hearing perception 8. Topics in consciousness 9. Visit to an EEG laboratory 10. Presentations on topics chosen from class 6-8 11. Topics in emotion 12. Topics in learning and memory 13. Topics in personality 14. Presentations on topics chosen from class 11-13
Additional self-study	Students are recommended to explore academic resources based on their critical mind.
Keywords	mind, behavior, brain
Notes	<ul style="list-style-type: none"> • Weekly classes will be held face-to-face using WebClass. You can access the information of this class by clicking "Introduction to Psychology" on the WebClass timetable. • Class materials and assignments will be posted on WebClass by the day before the class, so the registered students should refer to the class materials for attending the class and then submit their answers to the assignments after the class.
Message for students	

Course title	Contemporary Society in Japan
Instructor	ARAI Masataka, KAWASAKI Seiji, KAWATE Keiichi, KUNI Yoshiko, TSUBAKI Machiko
Aim and learning goals	The aim of this course is to deepen your understanding of the characteristics and problems of contemporary Japanese society, history, and culture. The goal is to acquire a multifaceted and comparative perspective and methodology for considering Japanese society.
Description	In this course, we will lecture and discuss contemporary Japanese society from several specialized perspectives. Specific themes include the relationship between natural environment and society, political systems, history, food culture, social diversity and social justice. Two off-campus tours (the Diet Building in the city center and the area around the university) are also planned.
Textbooks	No specific textbook is required. Printed materials (instructions) will be delivered as need.
Relevant readings	We will assign appropriate learning materials in the class.
Assessment	Five professors will evaluate based on your participation in the class and your comments. Finally, the scores are summarized and graded.
Schedule	<p>The schedule for the second half and the date and time of the off-campus tour(*) will be announced at the first class. Also, the order may be changed at a later date.</p> <ol style="list-style-type: none"> 1. April 17(Mon) : Introduction 2. April 24(Mon) : Climate of Japan and its Culture (ARAI Masataka) 3. May 8(Mon) : The Varied Landform of Japan and its Industries (ARAI Masataka) 4. May 15(Mon) : The Political System of Japan (KUNI Yoshiko) 5. Tour of the Houses of Parliament *: Parliamentary System of Government in Japan (KUNI Yoshiko) 6. May 29(Mon) : Regional Diversity and Issues of Japanese Food Culture (TSUBAKI Machiko) 7. Excursion in Kokubunji *: Natural Environment, History, and Life Culture in Kokubunji (TSUBAKI Machiko) 8. Japanese History (KAWATE Keiichi) 9. Japanese Modern History (KAWATE Keiichi) 10. Diversity in Japanese Society (KAWASAKI Seiji) 11. Workshop for Learning for Equity and Social Justice by ICT (ICT peripherals are needed) (KAWASAKI Seiji) <p>※Off-campus tours are counted as multiple classes.</p>
Additional self-study	
Keywords	Natural Characteristics of Japan, Nation and Nationalism, Parliamentary System of Government, Japanese History, Food Culture, Diversity, Equity and Social Justice
Notes	
Message for students	Get a new understanding of Japanese society and apply it to your own research.

Course title	Moral Education and Citizenship (Cultural Studies A)
Instructor	Sam Bamkin
Aim and learning goals	To understand different approaches to moral education. To consider how moral education and citizenship education are connected to moral development, education practice and politics.
Description	This course examines various issues related to moral education - moral development, 'dōtoku', citizenship, movements such as the Sustainable Development, politics and money. It introduced the impossibility of avoiding moral education and the complexities of educating morally. Besides lectures, the class will introduce practical examples from schools in Japan, the UK and other places. If there is interest and time for school visits, these might be arranged.
Textbooks	Readings will be posted on WebClass, where relevant.
Relevant readings	
Assessment	Participation in class discussions (50%) A reflective essay (50%)
Schedule	Indicative schedule <ol style="list-style-type: none"> 1. Introduction to the course and discussion 2. Psychology and ethics 3. Psychology and ethics 4. Moral development 5. Education to shape morality 6. Education, done in a moral way 7. Community and moral development 8. Politics and moral education 8. Citizenship education 9. Citizenship education and morality 10. SDGs and morality 11. SDGs, morality and politics 12. Money in education, morality and politics 13. Money in education, morality and politics 14. The role of the teacher 15. Discussion and summary Two or three classes may or may not be replaced by school visits.
Additional self-study	Any opportunities you have to visit schools will provide materials for discussion.
Keywords	Moral education, citizenship, psychology, politics, practice
Notes	
Message for students	

Course title	Cultural Diversity of Japan A: <i>Matsuri</i>
Instructor	ARISAWA Shino
Aim and learning goals	Gain multiple perspectives on Japan's <i>matsuri</i> (religious festivals) through lectures, fieldwork, workshop, and discussions with students from various countries.
Description	<p>This course investigates <i>matsuri</i> (祭) – religious festivals. Looking both at large scale ones where millions of tourists gather for grand processions as well as small ones held exclusively for local communities. Weekly lectures introduce key issues of <i>matsuri</i>, such as religion, community, tourism, music and dance. Students will discuss what is unique to Japan's <i>matsuri</i>, and what commonalities can be found in festivals of other places. In addition to classroom activities, we will visit some <i>matsuri</i> around Tokyo to explore, in person, the roles of <i>matsuri</i> today. After fieldwork, students will exchange ideas about what they saw and experienced and give presentations on their findings.</p> <p>We will also look at the development of <i>matsuri</i>, examining their changes and adaptation to contemporary society. To explore further the ways in which tradition evolves, students will also conduct a group project, creating their own new <i>matsuri</i> by fusing traditional items with modern elements.</p>
Textbooks	No specific textbook is required.
Relevant readings	Some useful reading materials will be introduced in class. Students are also expected to search for necessary resources for their projects.
Assessment and grading	Reflective essays on weekly classes: 100%
Schedule	<p>Tentative</p> <ol style="list-style-type: none"> 1. Introduction - What is <i>matsuri</i>? 2. <i>Mikoshi</i> – sacred palanquin 3. Fieldwork - Kurayami Matsuri in Fuchu 4. Reflections on fieldwork 5. <i>Dashi</i> - float 6. Fieldwork - Sanja Matsuri in Asakusa 7. Reflection on fieldwork 8. Bon-dance: ancestor worshipping 9. Fire festivals 10. Workshop -Music and Dance of <i>matsuri</i> 11. Safeguarding of <i>matsuri</i> 12. <i>Matsuri</i> in modernization 13. Group activity – new <i>matsuri</i> project 14. Presentations- new <i>matsuri</i> project
Additional self-study	To be instructed in class. This course is conducted in English.
Keywords	<i>Matsuri</i> , festival, religion, music, dance, gender, community, tourism, fieldwork
Notes	Class materials will be distributed via Teams. Sign up prior to class with the following Team code: 12k137d
Message for students	You will find out more than what guidebooks tell you about Japan's <i>matsuri</i> .

Course title	Traditional Performing Arts of Japan: Hands-on Koto Practice
Instructor	ARISAWA Shino
Aim and learning goals	Through learning the koto performance, students will understand the aesthetics of Japanese music, including its scale, melody, rhythm and timbre. The goal is to play the 1 st section of “Rokudan” (Six Steps), the representative piece of the classical repertoire in the 17 th century.
Description	Students will learn the basic performance techniques step by step, including setting up bridges, tuning, and various playing techniques on the right and left hands. Students will also learn singing to the <i>koto</i> accompaniment, which is the common style of the classical repertoire. Since the university only holds twelve <i>koto</i> , we will choose students by a lot in case there are many who wish to enrol. *Please sign up with the Teams’ code pvjk8f4 prior to the first class.
Textbooks	No specific textbook is required.
Relevant readings	Tokita, Alison McQueen and David W. Hughes eds. (2007) <i>The Ashgate research companion to Japanese music</i> . Aldershot, Hants: Ashgate. (Read Chapter 8, <i>Sōkyoku-jiuta: Edo-period chamber music</i>)
Assessment	Weekly improvements 100%
Schedule	tentative 1. Introduction: construction of the koto 2. Basic tuning 3. Right hand technique 4. Right hand technique 5. Left hand technique 6. Left hand technique 7. Easy tune 8. Easy tune 9. Advanced techniques 10. Advanced techniques 11. Advanced piece 12. Advanced piece 13. Rokudan 14. Rokudan
Additional self-study	Listen to various <i>koto</i> music available on the internet.
Keywords	Japan, traditional music, <i>koto</i>
Message for students	No special musical knowledge or skill is required to enrol in this course.

Course title	Cross-Cultural Practice of Expressive Arts
Instructor	HANAKE Ayako
Aim and learning goals	In this class, we will learn about the expressive arts, especially those that have been documented on film. Based on the premise that there are diverse critiques of expressive arts, our goal is for students to be able to articulate their own critique.
Description	This class watches the video of Expressive Arts and discusses it. This class will focus specifically on representational arts by contemporary Japanese artists.
Textbooks	No specific textbook is required.
Relevant readings	
Assessment and grading	Journal of each session 50% Final Report 50%
Schedule	<ol style="list-style-type: none"> 1. Orientation 2. Animation 3. Animation 4. Animation 5. Theatre 6. Theatre 7. Theatre 8. Movie 9. Movie 10. Movie 11. Dance 12. Dance 13. Dance 14. Summary Discussion
Additional self-study	You are also encouraged to research and think about similar works with interest.
Keywords	Expressive Arts, performance, dance, animation, theatre
Notes	
Message for students	

Course title	Japanese Martial Arts - Judo
Instructor	KUBOTA Hiroshi
Aim and learning goals	In this course, students will come to understand some fundamental techniques of Judo.
Description	This lesson is designed for beginners. You will learn Japanese traditional behavior through practicing Judo: how to put on Kimono, walk on Tatami, make Japanese bow, etc. You will also come to understand some fundamental techniques of Judo. Simultaneously, we will consider the educational implication of Judo.
Textbooks	No specific textbook is required.
Relevant readings	
Assessment and grading	The attendance attitude 50% Judo skill test 40% Report 10%
Schedule	<ol style="list-style-type: none"> 1) Orientation 2) History and characteristics of Judo 3) Fundamental skills (Ukemi, Taisabaki, etc.) 4) Throwing techniques [Nage waza] (part 1) 5) Throwing techniques (part 2) 6) Throwing techniques (part 3) 7) Groundwork techniques [Katame waza] (part 1) 8) Groundwork techniques (part 2) 9) Groundwork techniques (part 3) 10) Forms for throw (formal exercise, part 1) 11) Forms for self-defense (formal exercise, part 2) 12) Practical techniques (combinations) 13) Practical techniques (counter attack) 14) Skill tests and evaluation
Additional self-study	
Keywords	<i>Kano Jigoro</i> , JUDO
Notes	
Message for students	

Course title	Aquatic Sports - Swimming
Instructor	MORIYAMA Shin-Ichiro
Aim and learning goals	This course aims to have students learn how to swim according to the official rules and understand the water safety.
Description	<p>This is a course designed for beginners, however, competitive swimmers are also welcome. The class will be conducted in accordance with the individual swimming skill.</p> <p>This is an intensive course held on Saturday afternoons from mid-June to July. An orientation will be held in April.</p> <p>Learning objectives are following.</p> <ul style="list-style-type: none"> ● Be able to demonstrate improved skill performance in swimming strokes (front crawl, backstroke, breaststroke and butterfly stroke) including breathing during swimming. ● Be able to swim faster and more beautifully. ● Be able to understand water safety. <p>What you need to prepare: A swimsuit, towels, and goggles for swimming, a T-shirt and writing materials. If you have questions, feel free to contact the instructor by email or visiting his office.</p>
Textbooks	No specific textbook is required.
Relevant readings	To be Introduced in class suitably.
Assessment and grading	Swimming skill test (30%) and a fraction of in-class contribution attitude (including class attendance) in class (70%)
Schedule	<p>Tentative (To be confirmed in the first class)</p> <ol style="list-style-type: none"> 1. The introductory guidance will be given for individual student by email. Please email the instructor by April 21st if you are interested to participate in this course. Email: moriyama@u-gakugei.ac.jp. 2. Lecture for swimming at the lecture room and review students' swimming stroke skills in the swimming pool. 3. Practice floating in the prone position from the wall and freestyle leg kick. 4. Practice freestyle leg kick and arm stroke. 5. Practice floating in the spine position form the wall and backstroke leg kick. 6. Practice backstroke leg kick and arm stroke. 7. Practice breaststroke leg kick and arm stroke 8. Practice butterfly leg kick and arm stroke 9. Combine all strokes and turn. 10. Review students' swimming stroke skills. 11. Practice swimming with fully-clothed (1) 12. Practice swimming with fully-clothed (2) 13. Practice aquatic sports (1) 14. Practice aquatic sports (2) 15. Performance exam <p>※ It is planned to collaborate with sports fitness class in Japanese collegiate students sometimes. Contact: moriyama@u-gakugei.ac.jp</p>
Additional self-study	Watching web sites for swimming technique.
Keywords	Swimming, fully-clothed
Notes	In case you have some health problem, you need to submit a medical certificate that describes your health condition as well as doctor's permission for swimming. The schedule may change depending on the weather.
Message for students	<p>Let's enjoy swimming!</p> <p>Remove accessories and wrist watches for your safety and other's safety.</p>