

1. Regular courses

	Mon	Tue	Wed	Thu	Fri
I 8:50-10:20					
II 10:30-12:00			Introduction to Japanese Music I: Playing Koto and Shamisen (ARISAWA Shino) 【Music lecture room 1**】		
III 12:50-14:20	Philosophy and Ethics in Japan (KURIHARA Yuji) 【N201】	Cultural History of Japan (ARISAWA Shino) 【N102】	ISEP Seminar I (ARISAWA Shino) 【S401】 <u>COMPULSORY</u>	Study of Japanese Print-Making (KIYONO Yasuyuki) 【W301】	
IV 14:30-16:00	Counseling in Japan (SANO Hideki) 【Psychology Seminar Room A**】	Cross-Cultural Teaching Practice (TODA Takako) 【W301】	Cross-Cultural Studies (Joshua P. DALE) 【S101】		
V 16:10-17:40	Education in Japan (SHIBUYA Hideaki) 【S401】	Recreation and Sports in Japan I: Table Tennis (WATANABE Masayuki) 【Table Tennis Gymnasium】		Walking Convention: The memory of history and war (WATANABE Masayuki) 【assembly in front of Table Tennis Gymnasium】	

2. Irregular Courses

Course	Schedule
Geography of Japan II: Geography of Seaside and Downtown Area in Tokyo Prefecture (FURUTA Etsuzo)	1. Oct. 21 Fri. 9:00~12:00 Orientation, room S404 2. Oct. 21 Fri. 13:00~17:00 Half day Field Trip at Shinjuku district. 3. Oct. 22 Sat. 9:00~17:00 One day Field Trip at Central and Downtown Area in Tokyo. 4. Oct. 23 Sun. 9:00~17:00 One day Field Trip at Waterfront Area in Tokyo.
Japanese Business Enterprises (HARADA Kazuo)	3 field trips (on Fridays; date to be announced); Lectures (date to be announced) Orientation: 12:30-12:45, October 17th (Mon) at Room 301 on 3rd floor of the Humanities and Social Sciences/ Natural Science Division, Research Building, No.3 (人文社会科学系・自然科学系研究棟3号館3階301号室)
Environmental Education Seminar (HARAKO Eiichiro, KIMATA Mikio, HIGUCHI Toshihiko, KOIZUMI Takeei)	Total 4 days outdoor activities at weekends. Orientation: 12:00-12:30, Tuesday 18 <sup>th</sup> October, at the Hall (1F) of the Field Studies Institute for Environmental Education.(環境教育研究センター)
Recreation and Sports in Japan II: Skiing (IWAMOTO Yoshihiro)	Skiing, four days in February (Niigata prefecture), Orientation to be announced

\*\*Notes for classroom

•Counseling in Japan: Psychology Seminar Room A (心理学科A室学習指導実験室)

2<sup>nd</sup> floor, Humanities and Social Sciences Division Research Building No.2 (人文社会科学系研究室2号館)

#6 on Campus Map

•Introduction to Japanese Music I: Music Lecture Room 1 (第1音楽講義室)

3<sup>rd</sup> floor, Arts and Sports Science Division Research Building No2 (芸術・スポーツ科学系研究棟2号館)

## Unit numbers

Course title	Unit
ISEP Seminar I (compulsory)	2
Education in Japan	2
Cross-Cultural Teaching Practice	2
Counseling in Japan	2
Cross-Cultural Studies	2
Philosophy and Ethics in Japan	2
Cultural History of Japan	2
Study of Japanese Print-Making	2
Introduction to Japanese Music I: Playing Koto and Shamisen	2
Recreation and Sports in Japan I: Table Tennis	1
Walking Convention: The Memory of History and War	1
Recreation and Sports in Japan II: Skiing	1
Geography of Japan II: Geography of Seaside and Mountain Area in Tokyo Prefecture	1
Japanese Business Enterprise	1
Environmental Education Seminar	2

## Course Descriptions

Listed below are brief outlines of the ISEP courses offered during this semester. Please note that the following academic program information is subject to change depending on the unexpected circumstances.

### [Regular Courses]

<b>Philosophy and Ethics in Japan</b>			
<b>Instructor</b>	KURIHARA Yuji	<b>unit</b>	2
<b>Overview</b>			
<p>In this subject, we ask if there are any philosophical elements unique to Japan. To answer this, we focus on the single topic of the Japanese view of the human being. The typical view of the human being in Japan could be characterized as "communitarianism" in contrast with "individualism." Since this contrast is based on a modern Western philosophy and ethics such as Plato, Hobbes, and Rawls, we may have to make a comparison between Japanese and Western ways of philosophically thinking. To understand this view, we will read some important texts translated into English, including those of Nitobe, Watsuji, Doi, and Natsume.</p>			
<b>Textbooks and Relevant Readings</b>			
<p>For textbooks, see below.            &lt;References&gt;            Blocker, H. G., and Starling, C. I. <u>Japanese Philosophy</u>, SUNY Press, 2001.            Carter, R. E. <u>Encounter with Enlightenment--A Study of Japanese Ethics</u>, SUNY Press, 2001.</p>			
<b>Schedule</b>			
<p>1. Introduction            What is philosophy?            Are there any philosophical elements unique to Japan?</p> <p>2. Japanese ways of thinking philosophically            Nitobe, Inazo. <u>Bushido -- The Soul of Japan</u>, ICG Muse, Inc., 2001 (originally published in 1905).</p> <p>3. Philosophy and ethics in Japan            Watsuji, Tetsuro. <u>Rinrigaku (Ethics)</u>, SUNY Press, 1996 (org. in 1937).</p> <p>4. Some philosophical ideas in Japanese culture            Doi, Takeo. <u>The Anatomy of Dependence</u>, Kodansha International, 1973            Natsume, Soseki. <u>My Individualism</u>, Madison Books, 1992</p>			
<b>Method of Determining the Final Grade</b>			
Attendance and participation		30%	
In-class presentation of term paper		20%	
Term Paper (four pages or more/double space)		50%	

<b>Counseling in Japan</b>			
<b>Instructor</b>	SANO Hideki	<b>unit</b>	2
<b>Overview</b>			
<p>1. Learn basic knowledge of counseling. 2. Comparing Japanese and home cultures 3. Discussion on common psychological elements across cultures.</p>			
<b>Textbooks and Relevant Readings</b>			
<p>Eric J. Marsh &amp; David A. Wolfe (2005) <u>Abnormal Child Psychology</u>, Wadsworth            J. E. Hecker &amp; G. L. Thorpe Peason (2005) <u>Introduction to Clinical Psychology</u>            Baba, K. &amp; Tachibana, L. (2001) <u>Counseling</u> Univ. of Air (in Japanese)            Kawai, H. (1970) <u>Practice and Reality in Counseling</u> Seishinshobo (in Japanese)</p>			
<b>Schedule</b>		<b>Activities and Classroom Materials</b>	

<ol style="list-style-type: none"> <li>1. Definition of Counseling</li> <li>2. Process of Counseling</li> <li>3. Initial Meeting</li> <li>4. Structure of Mind</li> <li>5. Attitude and Counseling Theories</li> <li>6. Case Study I (published documents)</li> <li>7. Case Study II (Video tapes)</li> <li>8. Case Study (Student Presentation)</li> <li>9. Role Play I (verbal)</li> <li>10. Role Play II (nonverbal)</li> <li>11. Communication Exercises I</li> <li>12. Communication Exercises II</li> <li>13. Relationship between Counselor and Client</li> <li>14. Evaluation in Counseling</li> <li>15. Project Presentation</li> </ol>	<p>Role play Videotapes Communication Exercises</p>
<b>Method of Determining the Final Grade</b>	
<p>Project Reports Class Participation</p>	

<b>Education in Japan</b>			
<b>Instructor</b>	SHIBUYA Hideaki	<b>unit</b>	2
<b>Overview</b>			
<p>This subject title provides students with basic knowledge and information on Japanese education, and we would consider and discuss present situation and future perspective of Japanese education, comparing with that of students' home countries. (The Present and the Future of Education in Japan: from a Comparative Viewpoint)</p> <p>Topics of Education in Japan</p>			
<p>1) Outline of educational system, 2) School enrollment and attendance, 3) Examination and evaluation, 4) Private tutoring, 5) School discipline, 6) Lifelong learning, 7) Education and employment, 8) ICT and education, 9) Education and community</p> <p>Desirable participating students</p> <p>a) No special knowledge of pedagogy is required. b) Sufficient knowledge, information, and strong ideas about education in own country are necessary c) Positive attitudes for discussion are important</p>			
<b>Textbooks and Relevant Readings</b>			
Japan's Education at a Glance 2006 (on the website of MEXT)			
<b>Schedule</b>			
<p>1) Lectures on outline of education in Japan (4 periods)</p> <p>2) Two Video Programmes on Education in Japan(5 periods)</p> <p>3) Group Discussion and Group Work: Comparative analysis of Education in Japan (5-6 periods)</p>			
<b>Method of Determining the Final Grade</b>			
Subject grading will be based on a report presentation in class about education of students' own society and a final report on comparative analysis of it with Japanese education.			

<b>Cultural History of Japan</b>	
<b>Instructor</b>	ARISAWA Shino
<b>Overview</b>	

The course will look at Japan's cultural history from ancient times to the late 19<sup>th</sup> century. Lectures will explore various aspects of Japanese culture both chronologically and thematically so that students will grasp a broad history as well as gain an in-depth understanding of specific issues. Students will develop their critical skills in thinking, discussing, and presenting ideas in both oral and in written format.

#### Textbooks and Relevant Readings

1. Ebrey, Patricia Buckley; Walthall, Anne; Palais B. James. 2008. *East Asia: A cultural, social and political history*. Wadsworth.
2. Varley, Paul. 2000. *Japanese culture* (4<sup>th</sup> edition). University of Hawaii Press.
3. Jansen, Marius. 2000. *The Making of modern Japan*. Harvard University Pres.
4. Nishiyama, Matsunosuke (translated and edited y Gerald Groemer.) 1997. *Edo Culture: daily life and diversions in urban Japan, 1600-1868*. University of Hawaii Press.

#### Schedule

1. Introduction
2. Early society and emergence of civilization
3. Ancient mythology
4. Introduction of Buddhism
5. Imperial institution and aristocrats culture
6. Literature of the court – *The Tale of Genji*
7. Rise of warriors
8. War stories – *The Tale of the Heike*
9. Introduction of Christianity
10. Edo I: performing arts for commoners- *kabuki* theatre and *ningyō jōruri* puppet theatre
11. Edo II: haiku poetry – Matsuo Basho and *The Narrow Road to the Deep North*
12. Edo III: scholarship – Confucianism, Dutch Learning, and *Kokugaku* “National Learning”
13. students' presentation
14. students' presentation
15. Summary

#### Method of Determining the Final Grade

Attendance 15%  
 Oral presentation 25%  
 Final report 60%

## Crosscultural Teaching Practice

<b>Instructor</b>	TODA Takako	<b>unit</b>	2
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#### Overview

This subject is an exchange programme for overseas as well as Japanese students. Students will exchange ideas on values and skills in teaching by the process of actual classroom teaching. After being divided into groups and understanding some aspects of teaching, each group will prepare a small teaching plan and try it in a class. The topics for plan will be based on Japanese primary and secondary school integrated program. While one group practices their lesson plan, others play the part of students. Students have to submit reports focused on cross-cultural findings by attending each practice and develop them to a term report focused on a topic in practical teaching.

#### Textbooks and Relevant Readings

Students can take special preparation tutorials, where reference advice will be given.

#### Schedule

A detailed schedule will be arranged according to the number of registered students.

#### Method of Determining the Final Grade

Students have to submit reports focused on cross-cultural findings by attending each practice and develop them to a term report focused on a topic in practical teaching.

<b>Recreation and Sports in Japan I: Table Tennis</b>	
<b>Instructor</b>	WATANABE Masayuki
<b>Overview</b>	
<p>The specific character of table tennis is that anyone can play it easily at any time. And also safety and moderately. If you will get better, you can play it at higher intensity. I hope you can enjoy table tennis and smash the ball splendidly through learning ARP theory, which is a theory of body movement for table tennis invented by the former world table tennis champion Ms. Noriko YAMANAKA. ARP means the Axis, the Rhythm, and the Posture.</p>	

<b>Introduction to Japanese Music I: Playing Koto and Shamisen</b>			
<b>Instructor</b>	ARISAWA Shino	<b>unit</b>	2
<b>Overview</b>			
<p>Through learning <i>koto</i> (13-string zither) and <i>shamisen</i> (3-string lute), students will understand aesthetics of Japanese music, including its modes, rhythms, timbre, and aspects in ensemble performance. The course also aims at exploring these instruments by composing melodies and simple pieces, through which students will gain ideas about musical innovations.</p>			
<b>Textbooks and Relevant Readings</b>			
<p>For those who wish to gain the background information about the instruments: Tokita, Alison McQueen and David W. Hughes eds. (2007) <i>The Ashgate research companion to Japanese music</i>. Aldershot, Hants : Ashgate. (Read Chapter 8, <i>Sōkyoku-jiuta</i>: Edo-period chamber music)</p>			
<b>Schedule</b>			
<ol style="list-style-type: none"> <li>1. orientation</li> <li>2. <i>koto</i> (tuning, basic techniques)</li> <li>3. <i>koto</i> (playing simple tunes)</li> <li>4. <i>koto</i> (advanced techniques)</li> <li>5. <i>koto</i> (playing a classical piece)</li> <li>6. <i>shamisen</i> (tuning, basic techniques)</li> <li>7. <i>shamisen</i> (playing simple tunes)</li> <li>8. <i>shamisen</i> (advanced techniques)</li> <li>9. <i>shamisen</i> (playing a classical piece)</li> <li>10. <i>koto</i> &amp; <i>shamisen</i> (composition)</li> <li>11. <i>koto</i> &amp; <i>shamisen</i> (composition)</li> <li>12. ensemble</li> <li>13. ensemble</li> <li>14. practice for exam</li> <li>15. performance exam</li> </ol>			
<b>Method of Determining the Final Grade</b>			
<p>Attendance 30% Exam (performance) 70%</p>			

<b>ISEP Seminar I</b>	
<b>Instructor</b>	ARISAWA Shino
<b>Overview</b>	

ISEP Seminar is available and <b>COMPULSORY</b> only for ISEP students. Students will take leading roles in weekly seminars where they will discuss and give presentations on their chosen topics about Japan, including social and cultural issues, arts, literature, politics, education and many other topics concerning the student's own interest. ISEP Seminar aims to develop critical skills in thinking, discussing, and presenting ideas in oral and written format. Excursions and lectures by guest speakers are also planned for the students to broaden their perspectives on Japanese society and culture.
<b>Textbooks and Relevant Readings</b>
No specific textbooks are required.
<b>Schedule</b>
To be confirmed at the first class.
<b>Method of Determining the Final Grade</b>
Attendance 30% Oral presentation 30% Final report 40%

<b>Cross-Cultural Studies</b>			
<b>Instructor</b>	Joshua Paul DALE	unit	2
<b>Overview</b>			
In this class, we will investigate what happens when people experience a different culture for the first time. What kind of experiences trigger culture shock, and how does one recover from it? How do people adapt to life in a culture different from the one in which they grew up? We will discuss not only the psychological aspects of this condition, but also the literary aspects; i.e. how cross-cultural experiences are organized as narratives and told as stories.			
<b>Textbooks and Relevant Readings</b>			
Reading material will consist of selected passages from various ethnographies and travel narratives, magazine articles, and internet blogs. The format of the class is lecture and discussion. There are no textbooks for this class.			
<b>Schedule</b>			
1. Introduction			
2. Culture Shock and the Production of Cross-Cultural Knowledge			
Excerpt from <u>Stranger in the Forest</u> by Eric Hansen			
Excerpt from Lydia Minatoya, <u>Talking to High Monks in the Snow</u>			
"Neighborhood Seismic Activity," <u>Japan Times</u> article by Elizabeth Kiritani			
3. Cross-Cultural Exchange on the JET Program			
History and purpose of the JET Program			
Excerpts from internet blogs of JET Program participants			
Songs: Steve Bruce's <u>Alive in Numata</u>			
4. Cross-cultural Adaptation			
Essay from internet: "My Life with the Nanking Massacre" by Pemmican			
<b>Method of Determining the Final Grade</b>			
Short writing assignments: 20%			
Oral Presentation: 10%			
Final report: 70%			

<b>Study of Japanese Print-Making</b>			
<b>Instructor</b>	KIYONO Yasuyuki	unit	2
<b>Overview</b>			

Learn about the ways of expression of Japanese traditional woodblock print known as Ukiyo-e, which had a major influence on the Impressionists. Create prints using the basic techniques. Also visit the actual studios such as paper making studios and print studios of the traditional craft that have supported those techniques, and study the themes of “expression and materials” as well as “expression and tools.”	
<b>Textbooks and Relevant Readings</b>	
Handout will be provided as necessary	
<b>Schedule</b>	
Tentative subjects covered in 15 weeks (subject to minor modification depending on the progress of lectures):	
Week 1:	Introduction
2~3:	History and techniques of printmaking
4:	Visiting paper making studio
5:	Making prints (sketch)
6:	Visiting Machida City Museum of Graphic Arts or Edo-Tokyo Museum
7~10:	Making prints (cutting)
11~14:	Making prints(printing)
15:	Meeting for a joint review
<b>Method of Determining the Final Grade</b>	
The final grade will be based on :	
Attendance and class participation	40%
Assignments	60%

<b>Walking convention: The memory of history and war</b>			
<b>Instructor</b>	WATANABE Masayuki	unit	1
<b>Overview</b>			
In this Tama area there are many historic architecture and spots. Also Yasukuni-Jinja, Chidorigafuchi Cemetery and etc., which concern to the memory of the war, are there in this neighborhood. Then, I hope you go to these area or spots, watch them, and think something as you walk. The most unique point of this class is that we discuss while walking.			
<b>Method of Determining the Final Grade</b>			
We take attendance seriously.			

### [Irregular Courses]

Please note that each student is expected to pay his/her own travel expenses. Ask each Instructor about an estimated amount.

<b>Geography of Japan II : Geography of Seaside and Downtown Area in Tokyo</b>			
<b>Prefecture</b>			
<b>Instructor</b>	FURUTA Etsuzo	unit	1
<b>Overview</b>			
<ol style="list-style-type: none"> <li>1. Orientation</li> <li>2. Half day Field Trip at Shinjuku district.</li> <li>3. One day Field Trip at Waterfront Area in Tokyo.</li> <li>4. One day Field Trip at Mountain Area in Tokyo.</li> </ol>			
<b>Textbooks and Relevant Readings</b>			
In this lesson, instructor distributes materials.			
<b>Schedule</b>			

1. Oct. 21 Fri. 9:00~12:00 Orientation
2. Oct. 21 Fri. 13:00~17:00 Half day Field Trip at Shinjuku district .
3. Oct. 22 Sat. 9:00~17:00 One day Field Trip at Central and Downtown Area in Tokyo.
4. Oct. 23 Sun. 9:00~17:00 One day Field Trip at Waterfront Area in Tokyo.
<b>Method of Determining the Final Grade</b>
The final grade will be based on: Attendance and Class Participation 100%

<b>Japanese Business Enterprises</b>			
<b>Instructor</b>	HARADA Kazuo	<b>unit</b>	1
<b>Overview</b>			
The principle aim of this subject is to gain an understanding of modern Japanese business enterprises and Japanese culture through field trips to local science- and food-oriented companies and factories in the greater Tokyo area.			
<b>Schedule</b>			
Orientation: 12:30-12:45, October 17 <sup>th</sup> (Mon) at Room 301 on 3 <sup>rd</sup> floor of the Humanities and Social Sciences/ Natural Science Division, Research Building, No.3 (人文社会科学系・自然科学系研究棟3号館3階301号室)			
Introductory class (October)			
Lecture #1: Fermentation in Japanese food products & introduction to Field trip #1 (November)			
Field trip #1: Ozawa-shuzo (November)			
Lecture #2: Introduction to Field trip #2 (December)			
Field trip #2: Tsukiji Market (December)			
Lecture #3: Introduction to Field trip #3 (January)			
Field trip #3: to be announced (January)			
<b>Method of Determining the Final Grade</b>			
Attendance and written reports concerning each of the three field trips.			

<b>Environmental Education Seminar</b>			
<b>Instructor</b>	HARAKO Eiichiro, KIMATA Mikio, HIGUCHI Toshihiko, KOIZUMI, Takeei,	<b>unit</b>	2
<b>Schedule</b>	Field trips (on Sundays or Saturdays). The orientation of this seminar will be held at the Hall (1F) in the Field Studies Institute for Environmental Education on October 18 <sup>th</sup> .		
<b>Place</b>	TBA		
<b>Overview</b>			
The Department of Environmental Education will offer an intensive course "Environmental Education Seminar" to foreign students. Four faculty members will coordinate four outdoor activities, such as visiting to wonderful sites around Jindaiji Temple (by Prof. M. Kimata), exploring nature and culture in Musashino district (by Prof. T. Higuchi), walking around the Ueno Park area to see cultural and historical places (by Prof. E. Harako), and so on. Each trip needs one or a half day. The participant needs also the entrance fee of the museums and the traffic payment. The details are to be announced in orientation to be held in Field Studies Institute for Environmental Education from 12:00 – 12:30, Tuesday on October 18th.			
<b>Method of Determining the Final Grade</b>			
TBA			

<b>Title</b>	<b>Recreation and Sports in Japan II: Skiing</b>		
<b>Instructor</b>	IWAMOTO Yoshihiro	unit	1
<b>Schedule</b>	<p>This is an intensive class of skiing and other winter sports. We take 3 nights and 4 days, February, 2011.</p> <p>An orientation will be held in October.</p> <p>See the bulletin board in Int'l Affairs Office.</p>		
<b>Place</b>	Akakura, Niigata Prefecture		
<b>Overview</b>			
<p>This is an intensive subject. Four-day Skiing in the Mountain at Myoukou Kogen in February. An orientation will be held in October. Please see the bulletin board in October for details. Beginners are welcome.</p>			
<b>Method of Determining the Final Grade</b>			
<p>We take attendance seriously. You must submit a report after completion of the class.</p>			